



MOWDENHALL SWIM SCHOOL

COVID Secure Measures



- 1. Parents & Children**
- 2. Cleaning**
- 3. Teaching**
- 4. Links**

Parents & Children

- Social distancing must be observed throughout the whole process, from entry to the swimming pool facility, changing rooms, during the lessons, post swim changing and exiting the facility
- All people must be 1 metres plus apart, excluding same household members
- Inform parents / guardians and swimmers that if they or a member of their household have a cold, fever, anosmia or any signs or symptoms of COVID-19 they are not to enter the swimming facility or attend swimming lessons. They should self-isolate for two weeks, therefore, are not permitted to attend swimming lessons for two weeks. We have completed detailed risk assessments and ensure all staff are trained on the risk assessment and new policy procedures to ensure the safety of our employees, customers and swimmers at all times.
- Please arrive at your allotted time and no earlier
- Please go directly to the pool, unfortunately, due to Covid regulations and safeguarding issues you are not permitted to walk around the grounds before, after, or in between siblings' lessons.
- One adult per child only at this time, either in the pool or to spectate
- Please wear foot coverings, or flip flops or similar footwear poolside.

Please get in touch with our Covid Officer for a copy of our Risk Assessment, alm@mowdenhall.co.uk

Cleaning



- Lessons are 30 minutes long with 15 minutes inbetween classes to allow the teacher to sanitise equipment and for the safe movement of people between lessons
- An external cleaner will clean every 3 hours with a deep clean at the start and end of the day
- Ensure everyone sanitises their hands upon entrance and exit of the venue
- Equipment will be sanitised after each lesson

Teaching



- Teachers will deliver classes from poolside where possible
- Adults and children must arrive pool ready and shower at home
- Parents must remind their child regarding social distancing
- Toys will be designated to each swimmer at the start of the lesson with no sharing
- Extensive risk assessments and staff training

Links



[https://www.swimming.org/
swimengland/pool- return-guidance-
documents/](https://www.swimming.org/swimengland/pool-return-guidance-documents/)

[https://www.sta.co.uk/news/
2020/05/20/swim- school-re-opening-
guidance/](https://www.sta.co.uk/news/2020/05/20/swim-school-re-opening-guidance/)

[https://
www.pwtag.org/
disinfecting- coronavirus/](https://www.pwtag.org/disinfecting-coronavirus/)